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NOBODY CUTS FOR BIEBS {page 11}

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Wednesday, January 9, 2013

Blatstein one step closer to a North Broad St. empire

Developer cut the ribbon on his $70 million Tower Place apartments yesterday ▶ New complex part of his $1B plan to transform North Broad corridor, which has attracted big-name restaurateurs {page 02}

Wellbeing. Weight loss

▶ If your scale has ticked up since the holidays, don't sweat. Actually, we do want you to sweat! Our tips for shedding winter weight gain are in the pages ahead. {pages 17-18}

style

The refined bad girl

A leather jacket can really toughen up that shiny skirt and bright bag {page 15}

sports

Worley says trade stings

Former Phillies pitcher talks about being shipped out of town {page 21}

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PLUS:

ROCK 'N' ROLL WILL 'NOT FADE AWAY' {page 13}

Blatstein's Tower Place units right at home on North Broad

Upscale, $70 million complex latest addition to developer's $1 billion plan for the corridor ▶ Big-name restaurateurs also drawn to 'vibrant, up-and-coming' area, according to planners

The North Broad Street renaissance is well under way — and real estate tycoon Bart Blatstein is all in, he said yesterday during a ribbon-cutting ceremony for his new $70 million apartment complex.

"Tower Place is a much-needed, upscale apartment complex in one of the fastest-growing and most vibrant areas of Center City," he said. "Where others may have seen an older, vacant government office building, we saw an opportunity to create attractive apartment dwellings for a wide demographic of Philadelphians who seek the convenience and excitement of Center City living."

Blatstein said the area piqued his interest five years ago after he created the Avenue North complex near Temple.

"We are confident in the success of North Broad Street and are excited to be a part of contributing to the redevelopment of the area," Simon Powles, president of Stephen Starr Events, said.

Alex Wigglesworth
awigglesworth@metro.us

RIKARD LARMA/METRO

▶ Blatstein is leading the renaissance of North Broad Street. His new $70 million apartment complex is a big reason why.

European inspiration

One of Blatstein's wilder proposals that's made headlines is a European-inspired rooftop village extending from the former Inquirer Building — and site of the planned Provence — on North Broad west on Callowhill to 16th Street.

Blatstein said it's still a go. "We get the gaming license, what you see is what you're going to get," he said.

The ramps connecting the building tops will be landscaped, and he plans to construct a 10,000-square-foot botanical garden inside.

Officials call area hot spot

City officials agreed that North Broad is on the rise. "North Broad used to be the stepsister of South Broad," City Council President Darrell Clarke said. "But I've got to tell you, North Broad is where it's at. This is the place to be, and you will be hearing things in the near future about the continued great development of North Broad."

On the agenda

Blatstein's past and current plans for North Broad include the following projects:

- Avenue North, built in 2006 on the 1600 block of North Broad. The complex includes the Shops at Avenue North and The Edge student housing.
- Tower Place Phase Two, slated for completion in 2017 on Broad and Spring Garden streets. That will encompass a 215-unit, 18-story residential tower on 15th Street and a two-story retail building on Spring Garden Street.
- The Provence on the 400 block of North Broad, future unknown. The planned $700 million casino and resort hinges on the state Gaming Control Board's awarding of a casino license to Blatstein, who is one of several firms vying for the license.

Not many vacancies

The opening marked phase one of the Tower Place project, which will expand to include an 18-story tower with 215 residential units along 15th Street and a two-story retail building on Spring Garden Street.

Rent at each of the 204 high-end units range from $1,700 to $2,200 per month. "The apartments are renting very quickly," Blatstein said. "It goes to show the strength of this neighborhood here."

Blatstein has made a financial commitment of more than $1 billion in development along the stretch, which has also seen investments from big-name restaurateurs like Marc Vetri and Stephen Starr, as well as Eric developer Blumenthal, who recently purchased the Divine Lorraine.

"We recognized this pocket of opportunity."
BLATSTEIN

In the news

Free Slinkies to revelers on Groundhog Day

HARRISBURG. The Pennsylvania Tourism Office announced yesterday that the first 500 people who use FourSquare to unlock the Pennsylvania Groundhog Day badge on Feb. 2 by checking into Gobblers Knob will receive a free Slinky in a customized holiday box.

"We are thrilled to enhance the ever-popular Groundhog Day Foursquare partnership this year with one of Pennsylvania's, if not the country's, favorite toys," the state's first lady Susan Corbett said. "As the official toy of the Commonwealth, Slinky was the natural choice for a one-of-a-kind addition that highlights one of Pennsylvania's most recognizable and favored items."
METRO/AW

Local tweet

"1. Buy Center City convent from Archdiocese 2. Turn it into bar named Downtown Abbey 3. Profit (until the gimmick wears off and it closes)"
DAN MCQUADE, @DHM

Man arrested in face-slashing robbery

SOUTH PHILADELPHIA. Investigators yesterday announced the arrest of a man accused of slashing 23-year-old Ashley Hackett's face in November during a brutal robbery outside her home in South Philadelphia.

"Our man is in custody," Capt. Laurence Nodiff of South Detectives said today. "This predator is off the streets."

Police said 30-year-old Cory Harley of the 600 block of South Street is charged with aggravated assault, robbery, theft and possession of an instrument of crime. He is currently being held on $500,000 bail.

Nodiff said a tip led police to arrest Harley, who then allegedly led investigators to the clothes worn during the assault and to the knife used to slash Hackett's face, requiring 100 stitches and leaving her with a lifelong scar.

"It's a very sharp knife that was recovered from a sewer inlet in South Philadelphia," he said, likening the blade to a surgical tool.

"I believe that he went there with the intent of causing serious bodily injury and possibly attempting to take Ashley's life."

He said the victim is no stranger to police and investigators are now attempting to see whether he may be connected to additional crimes, but, for now, they're just glad he's in custody.

"I absolutely believe that not only the residents of South Philly, but Ashley, her family — all of us law-abiding citizens — will sleep better tonight as a result of him being behind bars," he said. METRO/AW

Quoted: Victim Ashley Hackett, 23

"It's hard to believe that evil exists in this world when you have so much trust and faith that you're in a good spot, you have a good head on your shoulders, you've made all the right decisions throughout your life. Bad things happen to good people, too — that's the way our world works."

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In the news

Prison health care provider under scrutiny

PHILADELPHIA. Councilman Jim Kenney yesterday sent a letter to Philadelphia Prisons Commissioner Louis Giorla urging him not to sign a new $42 million contract with the system's health care services provider until City Council has a chance to investigate whether the contractor has been consistently skirting municipal minority-contracting requirements.

Formerly known as Prison Health Services, Corizon Health, Inc. was this summer fined $1.85 million after Inspector General Amy Kurland found it provided false documents to the city.

"While I am deeply disturbed by the selection of this vendor who clearly tried — and succeeded — in benefiting from laws that were established to assist legitimate minority-owned businesses, I am equally troubled by the nonselection of a legitimate minority-owned business to provide prison physical health care services to the City," Kenney said. METRO

Free financial planning help for low-income Philadelphians

What began five years ago as a New York City-based pilot program aimed at alleviating poverty will now be expanded to Philadelphia and four other cities with the award of a $3.3 million grant from Bloomberg Philanthropies through the Living Cities' Cities for Financial Empowerment Fund, the city announced yesterday.

The money will enable the construction of Financial Empowerment Centers where the city, in conjunction with nonprofit firm Clarifi, will offer free one-on-one financial counseling to low-income residents.

"We know one of the key pathways out of poverty is to increase the financial stability of low-income households by boosting income, decreasing debt and increasing access to saving and asset-building opportunities," Mayor Michael Nutter said in a statement. "By offering personalized financial literacy services to low-income individuals, we make it possible for Philadelphia families to move toward self-sufficiency."

The Financial Empowerment initiative is also expanding to Denver, Nashville, San Antonio and Lansing, Mich. The cities were chosen based on the presence of committed leadership and public-private partnerships to move the program forward.

Alex Wigglesworth
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RICARD LARMA/METRO

▶ Mayor Michael Nutter has been working with officials in other cities as the president of the U.S. Conference of Mayors.

By the numbers

$16.2
Million was invested in the Cities for Financial Empowerment Fund by Bloomberg Philanthropies to provide the grants

9,000
Low-income Philadelphians will be educated in the program's first three years

19,000
Total New Yorkers who have reduced their debt by more than $9 million since the program began there five years ago

Coming soon

Two empowerment centers and four satellite locations will open this March in neighborhoods with high concentrations of low-income residents, immigrants and new workforce entrants. They have a goal of educating 9,000 low-income Philadelphians in the program's first three years.

"As a nonprofit provider of financial counseling to over 600,000 individuals in the Philadelphia region for 47 years, Clarifi is committed and excited to expand its resources to support the Financial Empowerment initiative," Clarifi president Patty Hasson said in a statement.

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In the news

GETTY IMAGES

AIG may join bailout lawsuit against US government

NEW YORK/WASHINGTON. American International Group Inc., the insurer rescued by the U.S. government in 2008 with a bailout that ultimately totaled $182 billion, drew angry condemnation yesterday after it said it may join a lawsuit against the government alleging the terms of the deal were unfair.

A leading congressional Democrat called criticism of the deal's terms "utterly ridiculous," and former New York Attorney General Eliot Spitzer, who probed AIG when he was in office, called the prospect of a suit "insulting to the public." **REUTERS**

Wealth gap, debt top risks ahead of Davosn

LONDON. Fragile economies and extreme weather have combined to crank up the global risk dial in the past year, creating an increasingly dangerous mix, according to the World Economic Forum.

Despite Europe's avoidance of a euro breakup in 2012 and the United States stepping back from its fiscal cliff, business leaders and academics fear politicians are failing to address fundamental problems.

That is the conclusion of the group's Global Risks 2013 report, which surveyed more than 1,000 experts and industry bosses and found they were slightly more pessimistic about the outlook for the decade ahead than a year ago. **REUTERS**

Israel still muted over Obama's Pentagon pick

The Israeli government kept clear of a brewing battle in Washington over President Barack Obama's choice for defense secretary, Chuck Hagel, whose record on Iran and Israel is under scrutiny.

Prime Minister Benjamin Netanyahu and Defence Minister Ehud Barak offered no immediate comment on the pick, after being rumored for weeks during which some pro-Israel figures pilloried the former Republican senator.

Parting with the rightist government's reticence were two relatively junior officials, Civil Defence Minister Avi Dichter and Deputy Foreign Minister Danny Ayalon, neither of whom is expected to stay on after Israel's national election on Jan. 22.

"There have already been nominations in the past which looked very troubling to us, and ultimately reality turned out totally differently, both for better and for worse," Dichter told Israel Radio in an interview.

"Therefore I think we should be careful. We do not nominate people in agencies in other countries in general, and especially in the United States. So, as it is customary to say to those being nominated there: Welcome." **REUTERS**

GETTY IMAGES

▶ President Barack Obama shakes hands with former U.S. Sen. Chuck Hagel during a personnel announcement at the White House on Monday.

"It reflects a loss of confidence in leadership from governments."

LEE HOWELL, THE WEF MANAGING DIRECTOR RESPONSIBLE FOR THE REPORT

Sources: Obama eyes Lew for Treasury secretary

President Barack Obama may choose White House Chief of Staff Jack Lew to replace Treasury Secretary Timothy F. Geithner as soon as this week, according to two people familiar with the matter.

The selection of Lew would trigger a White House shuffle for Obama's second term as he replaces his chief of staff and moves senior aides into new roles, said the people, who requested anonymity to discuss personnel matters. **REUTERS**

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Lack of evidence in Benghazi; NRA to meet VP

Not enough evidence

▶ A vehicle and the surrounding area are engulfed in flames after it was set on fire inside the U.S. consulate compound in Benghazi late on Sept. 11, 2012.

Tunisia frees man held over attack on US consulate in Libya

TURKEY. Tunisia has freed, for lack of evidence, a Tunisian man who had been suspected of involvement in an Islamist militant attack in Libya last year in which the U.S. ambassador was killed, his lawyer said yesterday.

Stevens

Ali Harzi was one of two Tunisians named in October by the Daily Beast as having been detained in Turkey over the violence in which Christopher Stevens, the U.S. ambassador to Libya, and three other American officials were killed.

"The judge decided to free Harzi and he is free now," lawyer Anouar Awled Ali told Reuters. "The release came in response to our request to free him for lack of evidence and after he underwent the hearing with American investigators as a witness in the case."

A Tunisian justice ministry spokesman confirmed the release of Harzi but declined to elaborate.

A month ago, Harzi refused to be interviewed by visiting U.S. FBI investigators over the Sept. 11 assault on the U.S. consulate in the eastern Libyan city of Benghazi.

The Daily Beast reported that shortly after the attacks began, Harzi posted an update on an unspecified social media site about the fighting. **REUTERS**

Fatal crash

Helicopter crashes in Peru, killing all seven aboard

LIMA. A helicopter carrying seven people crashed in Peru's Amazon jungle on Monday and all aboard perished, a judicial official said on Monday.

Corpac, Peru's air transport agency, said the helicopter was operated by the local unit of U.S.-based Columbia Helicopters. Columbia is known for its tandem rotor heavy-lift aircraft used in logging and oil exploration work. Columbia's Lima office declined to comment.

Marco Ochoa, the judicial official, said five U.S. citizens and two Peruvians were on the helicopter and that rescue crews were recovering their bodies.

Local media reports said the people onboard worked for Petrominerales Ltd., a Canadian-based oil exploration firm focused on Latin America. Petrominerales' Lima office declined to comment. **REUTERS**

GETTY IMAGES

▶ Peru's Amazon jungle

Gun control

NRA is among groups to meet with VP Biden this week

WASHINGTON. The powerful U.S. gun lobby, the National Rifle Association, is slated to meet with Vice President Joe Biden as he considers recommendations on how to respond to a mass shooting last month in Newtown, Conn., the White House said yesterday.

After the Newtown school shooting, which President Barack Obama called the worst day of his presidency, he asked Biden to come up with a broad range of ideas to curb gun violence, ideas he will unveil in his annual State of the Union address, traditionally given in late January.

Obama has said he wants new gun control measures passed during the first year of his second term, but gun control is a divisive issue in the United States, where the right to bear arms is enshrined in the Constitution. **REUTERS**

Chance for peace

Afghan peace efforts show flickers of life

WASHINGTON/ISLAMABAD. President Barack Obama and Afghan President Hamid Karzai will discuss matters of war, including future U.S. troop levels and Afghanistan's army, when they meet on Friday, but matters of peace may be the most delicate item on their long agenda.

After nearly 10 months in limbo, tentative reconciliation efforts involving Taliban insurgents, the Karzai government and other major Afghan factions have shown new signs of life, resurrecting tantalizing hopes for a negotiated end to decades of war. Pakistan, which U.S. and Afghan officials have long accused of backing the insurgents and meddling in Afghanistan, has recently signaled an apparent policy shift toward promoting its neighbor's stability as most U.S. combat troops prepare to depart, top Pakistani and Afghan officials said. **REUTERS**

GETTY IMAGES

▶ Karzai

On the rise

Samsung on track to become top home appliances maker

GETTY IMAGES

LAS VEGAS. South Korea's Samsung Electronics Co. said it is on course to achieve its goal of becoming the world's top home appliances maker by 2015, with sales growing an estimated 50 percent by then.

Samsung Electronics, which makes more chips, flat-screens, handsets and TVs than any of its competitors — including the world's best-selling smartphone — is aiming to boost its home appliance segment and narrow the gap with companies including Whirlpool Corp. and Electrolux. **REUTERS**

50% Estimated growth sales for Samsung by 2015

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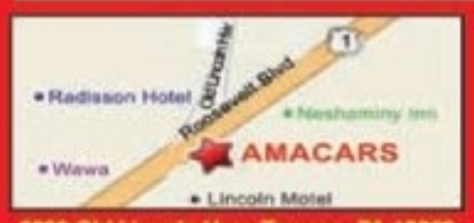

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Horror of Aurora massacre recalled at court hearing

A 13-year-old girl caught in last summer's shooting rampage at a Colorado movie theater was heard pleading for help in a tape of her emergency 911 call played in a court hearing for suspect James Holmes on Tuesday. In it, the girl could be heard desperately telling a dispatcher that her 6-year-old cousin and cousin's pregnant mother had been struck by gunfire. The 6-year-old was the youngest of the 12 people killed in the attack. "My two cousins have been shot," she cries, as the dispatcher tries in vain to instruct the girl on CPR. **REUTERS**

"My two cousins have been shot."

MASSACRE SURVIVOR, 13

Giffords launches gun control lobby

Former Rep. Gabrielle Giffords, who was severely wounded two years ago in an Arizona shooting, is launching a group aimed at curbing gun violence and raising enough money to challenge the well-funded gun lobby.

Giffords, starting the effort called Americans for Responsible Solutions with her husband former astronaut Mark Kelly, told ABC News that Congress must do more to prevent gun violence.

The two are gun owners, but in the wake of a string of recent mass shootings, they said more must be done to push common-sense efforts to reduce such violence.

"Enough," Giffords, who was shot in the head while meeting with constituents in Tucson, Ariz., told ABC.

The initiative aims to "encourage elected officials to stand up for solutions to prevent gun violence and protect responsible gun ownership," the group said on its website, Americansforresponsiblesolutions.org.

It will push for background checks for private gun sales and look at ways to better address mental illness, among other efforts, Kelly told ABC. **REUTERS**

IDA MAE ASTUTE/ABC VIA GETTY IMAGES

▶ In this image provided by ABC, Giffords and her husband, astronaut Mark Kelly, talk to Diane Sawyer about the need for changes in gun control laws.

"Until now, the gun lobby's political contributions ... have dwarfed spending from anti-gun violence groups. No longer."

GIFFORDS, IN A WRITTEN OPINION PIECE PUBLISHED IN USA TODAY

Texas, Ohio teachers get gun training

Schoolteachers in Texas and Ohio are flocking to free firearms classes in the wake of the Connecticut elementary school massacre, some vowing to protect their students with guns even at the risk of losing their jobs. REUTERS

200

Ohio and Texas are not the first to offer no-cost arms training to teachers. Just days after the Connecticut mass murder, some 200 teachers in Utah underwent free instruction from gun activists.

400

Texas: In Texas, an $85 concealed handgun license course offered at no cost to teachers filled 400 spots immediately, forcing the school to offer another class.

900

Ohio: More than 900 teachers, administrators and school employees asked to take part in the Buckeye Firearms Association's newly created, three-day gun training program.

The Buckeye Firearms Association is offering educators free admission to "an intensive three-day class where you will learn many of the same skills and tactics used by first responders."

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THE WORD

Dorothy Robinson's take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

2

How #Cut4Bieber became a thing

ALL PHOTOS GETTY IMAGES

▶ Don't drink the Kool-Aid, Beliebers!

Justin Bieber fans are a devoted, if gullible, group.

On Monday night, the false hashtag #Cut4Bieber began trending on Twitter. Just what did "#Cut4Bieber" mean, exactly? Good question. Turns out it was a malicious stunt by the Internet hive mind 4Chan. "Lets start a cut yourself for bieber campaign," an anonymous user initially wrote before the thread was deleted, according to Billboard. "Tweet a bunch of pics of people cutting themselves and claim we did it because bieber was smoking weed. See if we can get some little girls to cut themselves."

The anonymous poster's rationale? That dedicated Beliebers should cut themselves in order to get Bieber's attention in response to his recent alleged bad-boy behavior. (The site has done such a stunt before. In October they started a #Bald4Bieber trend, asking fans to shave their heads for Bieber, who they said had been diagnosed with cancer.)

If only 4Chan could channel 14-year-old girl angst for good. Like: "Let's trick a bunch of Beliebers into recycling for Justin! #Recycle4Justin" Or: "You know what's a great way to get Justin's attention? Listening to your parents and studying for your SATs. #Study4Justin."

Sadly, I don't think that will happen.

Osbourne responds to the haters

Kelly Osbourne has worked hard to slim down — but she's learning that for some naysayers, nothing she does is good enough. "I'm the thinnest I've ever been and the healthiest I've ever been. The totally insane thing is that I'm a U.K. size 4 to 6 and people still say I'm fat," she tells Fabulous magazine. "I get called fat all the time. A big fat whore."

What's most surprising is that much of the vitriol comes from fans of one of the biggest opponents of bullying and negativity. "**Lady Gaga**'s fans are the worst," Osbourne says. "They've said I should kill myself, that they hope I get raped. I mean it's crazy, but I've had this all my life and I just try and ignore it."

Who you calling fat?

The feed ...

▶ **Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.**

Today, Rosie O'Donnell wants a snack, Rose McGowan is well-rested, Roseanne Barr supports Justin Bieber's alleged marijuana use and Albert Brooks doesn't like what he's hearing out of Washington.

@Rosie
Watching the biggest loser makes me want to eat cheesecake

@rosemcgowan
I slept from Saturday night at 2 am to Monday at noon.

@TheRealRoseanne
hey @JustinBeiber - we will give up our joints when they pry them out our cold dead fingers!

@AlbertBrooks
Dear United States: Please don't make a trillion dollar coin to get out of your problems.

McGowan

Talking points

Swift is single yet again

Taylor Swift's fledgling romance with One Direction member **Harry Styles** appears to be over, as Swift left their romantic getaway in the British Virgin Islands early after a reportedly heated argument with Styles, according to Business Insider. But while photos of Swift looking glum and lonely on her trip back hit the Internet, Styles apparently wasn't too broken up about the breakup. "**Richard Branson** heard Harry was staying nearby [and] invited him to come check out Necker [Island]," a source says. "So when Taylor left for the States, Harry went to Branson's island for the day to let off some steam. He did plenty of partying and was definitely enjoying himself while hanging out with guests."

Pitt will return to China?

Brad Pitt is causing a stir in China over speculation that he may be planning to visit the country, despite having been banned after starring in the film "Seven Years in Tibet." Pitt joined the new Chinese social-networking site, Sina Weibo, earlier this week and started off with the post, "It is the truth. Yup, I am coming..." according to The Associated Press. The item was soon deleted, but not before more 160,000 new users started following the star on the site.

▶ In 1997 Brad Pitt hit the "Seven Years in Tibet" premiere. So pretty.

Lohan and the case of the skipped court date

Lindsay Lohan skipped out on her first court appearance of the new year, a hearing in her alleged assault of a professional psychic at a New York night club in November, according to Us Weekly. But in this particular matter Lohan may have nothing to worry about, as prosecutors are apparently easing off. "It may very well be this case does not move forward," Lohan's attorney, **Mark Heller**, told reporters after the hearing.

Stars snapped out and about

1: Emma Stone was on the red carpet for the premiere of her new film, "Gangster Squad," at Grauman's Chinese Theatre on Monday.

2: Karolina Kurkova, Nigel Barker and **Coco Rocha** attended the 2013 Winter TCA Tour at The Langham Huntington Hotel and Spa on Monday.

3: Kerry Washington posed for a photocall for "Django Unchained" at Le Grand Rex on Monday in Paris.

4: How British! **Matt Smith**, left, and **Benedict Cumberbatch** were the special guests at the Esquire and Tommy Hilfiger party celebrating London Collections: MEN AW13, hosted by Esquire editor **Alex Bilmes** and **Tommy Hilfiger**, at the Zetter Townhouse on Monday in London.

5: Jessica Chastain attended a screening of her new horror flick, "Mama," at Landmark's Sunshine Cinema on Monday in New York City.

1: JASON MERRITT/GETTY IMAGES2: CHRISTOPHER POLK/NBC/GETTY IMAGES
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4: DAVE M. BENETT/GETTY IMAGES
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No chasing rainbows here

After failed attempts at bringing screenplays to fruition, 'Sopranos' creator David Chase finally lands his first film with 'Not Fade Away' Why he wanted to rehire James Gandolfini

BARRY WETCHER

John Magaro and Bella Heathcote star in David Chase's "Not Fade Away."

David Chase may be a seven-time Emmy-winner, but that doesn't mean he wasn't nervous arriving on set of his first feature film, "Not Fade Away."

"The first morning, you want to get out of the car and run away — at least I did — before they get you to the set. And it's kind of like that every day," he says.

What had him white-knuckled were concerns that any leader might have before taking the reins of a project.

"So many people are gonna ask you so many questions, and you might give the wrong answer," he says. "You just might not be up to the job this time, or you might be wrong. One knows that one has some weaknesses in one's craft and you're hoping that those weaknesses don't rise to the top."

To overcome his fears, Chase says he took a day-by-day approach, "chipping away at it a scene at a time."

Someone on set who might have been a source of alleviation for the director was James Gandolfini, who in the film plays an Italian New Jersey father whose son wants to be in a rock band. Initially, Gandolfini wasn't sure about taking the role, considering his past life as Tony Soprano, another Jersey Italian.

"When we talked about him doing the role he cautioned me," the director says. "He said, 'Don't you think this might be a little bit too soon?' I said, 'Yeah, there's that potential I guess.' But he was the best guy for the role and we both wanted to work together again."

And when it came time for Gandolfini to take on his character, there was no rehashing of his past life.

"We didn't say 'Don't Soprano-ize this.' He was very intent. You have to understand, he's an actor. He's a different person here. He left Tony Soprano behind when he was doing this."

Chase

GETTY IMAGES

Meredith Engel
meredith.engel@metro.us

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myentertainment

Mike Rubendall gives tips for your next ink

Mike Rubendall, a tattoo artist with Kings Avenue Tattoo in New York and a judge on Spike TV's reality TV competition, "Ink Master," doesn't want you to end up regretting anything. "There is no reason in this day and age that someone should get a bad tattoo," he notes. So if you're thinking about getting fresh ink in 2013, please start here. Your bicep can thank us later.

▶ Why take his advice? Kings Avenue Tattoo founder Mike Rubendall has a waiting list of clients.

What should someone look for in a tattoo artist?
When selecting a tattoo artist, some things to look for are clean lines, solid color or shading and design strategy. Their tattoos should have just the right amount of detail; tattoos should be readable to stand the test of time.

Q&A

Is there a tattoo you won't do?

I will never do the same design twice. I will not duplicate someone else's tattoo. I will not tattoo something that is too small or too detailed. I'm also careful who I do hand and neck tattoos on. The truth of the matter is — and I hate to say it — but people still judge tattoos. So I don't feel right doing those tattoos on just anyone. I have to also feel comfortable with their choice.

What about a tattoo shop?
It needs to be a clean and sterile environment. All equipment needs to be single service-use only and unpackaged by the artist in front of the client in preparation for the tattoo. Be certain they have the proper permits or licenses and board of health certificates. Overall, it should be an outstanding experience and something that will always bring you positive memories.

How do you make sure someone is getting a tattoo they want forever?
In my particular position, I have an extensive waiting list, therefore the client really has no other choice than to really think about what they want.

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The gear

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3. **Cambridge Satchel Company shoulder bag, $193,** www.asos.com
4. **Rag & Bone ankle boots, $595,** www.netaporter.com

Kenya Hunt
METRO WORLD NEWS

TV watch list

'Stars in Danger: The High Dive'

SPECIAL. Latching onto the popularity of the summer Olympics — or simply desperate to fill a hole in the dreary winter schedule before "American Idol" premieres — Fox presents this D-list reality competition that puts celebrities such as "Jersey Shore" star JWoww and Kim and Kyle Richards of "The Real Housewives of Beverly Hills" in a pool — but not to test their tanning skills. The challengers train and compete in both solo and synchronized diving events. Really. **8 p.m., Fox**

JORDIN ALTHAUS/FOX

Actress Alexandra Paul prepares for a dive during "Stars in Danger: The High Dive."

The People's Choice Awards

SPECIAL. Don't agree with the Golden Globe nominees? You get your say in this annual fan-voted pop culture party that hands out trophies in categories like Favorite On-Screen Chemistry. **9 p.m., CBS**

'Washington Heights'

REALITY. MTV focuses its lens (way) uptown to chronicle a group of 20-somethings with big dreams in Manhattan. **Series premiere, 10 p.m., MTV**

'Modern Family'

COMEDY. Billy Dee Williams saves Jay's family trip to Palm Springs over New Year's Eve. Lando would be so proud. **9 p.m., ABC**

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▶ The iPad mini helped to boost overall iPad sales.

Apple iPad: The 11th-largest tech company in US?

You know Apple is huge when even part of its business is bigger than many of its competitors.

If the iPad were a standalone company, it would be the 11th-largest tech company in the U.S., according to an estimate from Bernstein Research analyst Toni Sacconaghi, via Fortune.

Sacconaghi crunched the numbers and found that the iPad generated $32 billion in revenue for Apple in 2012, beating out the sales of major corporations like McDonald's and Macy's.

Needless to say, the iPad isn't Apple's only big money maker. As previous reports have pointed out, the iPhone generates more revenue than Microsoft and iTunes is bigger than most media companies.

Apple's total sales for the 2012 fiscal year were $156.5 billion, and the company continues to be the most valuable in the world with a market cap of just under $500 billion.

SETH FIEGERMAN/ MASHABLE

Study: Posting to Facebook makes us feel less lonely

Need a hug? Well maybe a few 'likes' will suffice

VALUELINE

▶ "Maybe I should post something about this cup of coffee."

The simple act of posting a status update on Facebook can make you feel more connected, researchers have found — even if no one pays attention to your update.

The study, conducted by the Universitat Berlin, focused on the Facebook posts of 100 student volunteers at the University of Arizona over the course of a week.

The students were asked to do two things: fill out forms assessing their mental health throughout the week, and post to Facebook more than they normally would. A control group wrote exactly their regular amount of updates.

Now if you're expecting some sort of cathartic, joyful end to the experiment, you're going to be disappointed. The students posting more Facebook updates were still as cheerful or as depressed at the end of the week as they were at the beginning.

But they did feel less lonely than the control group, experiencing a shift in their sense of connectedness. Whether those posts got any "likes" or comments didn't seem to matter. Simply posting more frequently reduced the students' alienation, regardless of how much real social interaction they'd had during the week.

Seeking to explain this phenomenon, the researchers compared posting quick Facebook updates to quick hits of food. "Similar to a snack temporarily reducing hunger until the next meal, social snacking may help tolerate the lack of 'real' social interaction for a certain amount of time," the Berlin team wrote in the journal Social Psychological and Personality Science.

CHRIS TAYLOR FOR Mashable The Social Media Guide

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Nutrition

Peculiar proposals for pinching pounds

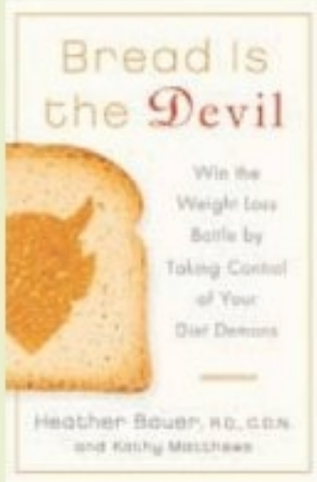
We're all about maintaining a healthy diet and exercise regimen. But if you're struggling with yours, these new books promise weight loss via less conventional rules.

The 8-Hour Diet

David Zinczenko with Peter Moore
The latest from the former Men's Health editor-in-chief says it's OK to eat whatever you want (and however much of it you want) — as long it's during a specific window of time.

The Parisian Diet

Dr. Jean-Michael Cohen
Dr. Cohen is touted as France's foremost nutrition expert, and here he debunks the popular myth that French people don't get fat — they've just developed winning weight-loss strategies. He advocates following their way of life — long, lingering meals, indulging from time to time — to reach your goals.



Bread is the Devil

Heather Bauer, R.D., C.D.N and Kathy Matthews
Don't judge the title: You can eat bread! But just not white bread (and cookies, and candy), which fall under the Satanic label here. The authors walk you through a plan for identifying and overcoming your own diet derailers in their book, now in paperback.

The Plan

Lyn-Genet Recitas
The author says that some foods traditionally thought to be healthy, like oatmeal and salmon, could actually cause you to get heavier. She believes certain ingredients cause inflammation and lead to weight gain.

MEREDITH ENGEL

Don't swap the butts for bad-for-you bites

If you're quitting smoking this year, congrats! Heads up: You may be tempted to eat more as a result How to fight the urge

Whether it's your first or 10th time giving up smoking (after all, it rarely happens in one go), chances are you're having two not-so-fun side effects: food cravings and weight gain. The first step to combatting them is to understand what's going on in your (now changing!) body.

"Part of it is the oral habit," says Alice Bender, M.S., R.D., the nutrition communications manager of the American Institute for Cancer Research. "If you aren't putting a cigarette in your mouth, then a snack replicates that same motion. The other thing is that your taste buds start to recover, and everything tastes so good."

To avoid packing on the pounds, Bender advises choosing healthy snacks you enjoy — or else you'll be tempted to grab something less nutritious, or maybe even a cigarette.

"If you like sweet things, keep fruit or dried fruit with you at all times," she says. Look for unsweetened dried fruits, though, because the sweetened varieties can pack extra sugar you don't need. In need of a spice kick? "Keep a salsa or hummus and some veggies close to hand."

▶ Prepare for cravings so you're not derailed by a moment like this.

BANANASTOCK

And choose snacks that force you to slow down, so your body gets full without you overfeeding it.

"An apple is satisfying and takes a while to eat. Choose nuts that are in their shells; you have to crack them and pull out the nut, and that takes time. You'll eat less."

Once you quit smoking, you may find you're able to work out better. You can use that momentum to get moving when a craving strikes: "It helps with that antsy feeling," Bender says.

Linda Clarke
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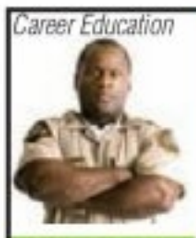

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SKINNY FOODS FOR 2013

Advice

JOY BAUER

HEALTH AND WELLNESS EXPERT FOR THE 'TODAY' SHOW AND NEW YORK TIMES BEST-SELLING AUTHOR

www.joybauer.com

Looking for creative and slimming ways to fulfill your New Year's resolution or shed that holiday padding? Here are some tasty bites that will help you stay full and satisfied while enhancing your weight-loss efforts.

Looking for creative and slimming ways to fulfill your New Year's resolution or shed that holiday padding? Here are some tasty bites that will help you stay full and satisfied while enhancing your weight-loss efforts.

Coleslaw mix: Bags of shredded cabbage mix make it easy to get in a few more servings of veggies, since the prep work is done for you. Use the mix to throw together a lightened-up coleslaw using nonfat Greek yogurt in place of mayo. Or, get a head start on dinner by sauteing a bag with other veggies, like sliced mushrooms and bell peppers, for a simple, filling stir-fry base.

Nonfat Greek yogurt: A container of plain, nonfat Greek yogurt has about 100 calories and twice as much hunger-squashing protein as traditional yogurt. Doctor up tangy, plain yogurt with skinny stir-ins like fresh fruit, vanilla extract or ground cinnamon.

Pumpkin puree: Once a seasonal ingredient used almost exclusively in fall desserts, pumpkin puree is now a year-round skinny food. It's low in calories (just 40 per ½ cup), high in filling fiber and super convenient. Stir a big dollop into nonfat vanilla yogurt to create a pudding-like treat, or mix it into oatmeal or marinara sauce to add nutrition and fill-power.

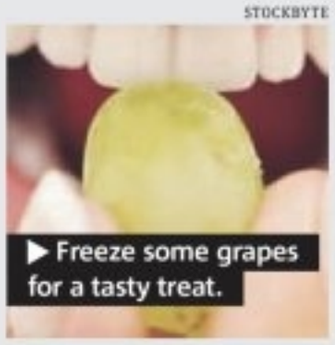
Spaghetti squash: Swap calorie- and carb-heavy pasta with light and delicious spaghetti squash. It forks into long strands that you eat just like noodles, but contains just 40 calories per cup. Toss yours with a low-cal sauce, like marinara or creamy part-skim ricotta cheese. You can save up to 500 calories per meal every time you make this swap.

Here's your new favorite swap for spaghetti.

BRAND X PICTURES

Vinegar: Add zing to your meals for minimal calories. For a low-salt dressing that won't bring on the bloat, top your salad with unlimited vinegar and one or two dashes of olive oil. And don't stop with greens. Drizzle balsamic over roasted veggies, feature fruit-flavored vinegars (like fig) in low-cal marinades for chicken or tofu and brighten up winter soups with a splash of red wine vinegar just before serving.

STOCKBYTE



▶ Freeze some grapes for a tasty treat.

Frozen grapes

Frozen grapes are the perfect low-cal solution for dieters who can't live without dessert. You can enjoy one full cup of these refreshing, bite-sized nibbles for only 100 calories — a phenomenally sweet bargain. And, because the grapes are frozen solid, they take a while to eat, stretching out your snack time. I think these scrumptious gems taste just like icy fruit sorbet!

—For more weight loss tips, visit JoyBauer.com and follow Joy on Facebook and Twitter (@joybauer).

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A015 Salsbury, Hope • A032 Sperandeo, David • A054 - Rudolf, Sidney
A088 Morris, Patricia • B117 Parker, Sarah • B152 Hunter, Amy
B187 Munski, Danielle • B211 Laycock, Tara • C238 Vennebush, brian

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0023 Gillis, Joe • 0107 Payne, Edward • 0131 Henderson, Michele • 0233 Brown, Robert • 0350 Hamilton, Monalisa
0373 Wynell Bartell, Lesette • 0404 Boskai, Eric • 0412 Farr, Anna • 0451 Saunders, Samantha
0453 Brockenbrough, Keith • 0611 Brown, Warren • 0622 Watson, Latisha • 0656 Greene, Carolyn
0699 Hall, Christine • 0737 Disabia, Ralph • 9046 Loney, Ulondah

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A096 Riddick, Glondena • A104 Hardrick, Sheena • A119 Brant, January • A152 Burke, Lisa
D037 Diegel, Richard • E008 Kieffer, Kenneth • E024 Anderson, Michael
E111 Garnett, Anthony • E126 Jones, Yvone • P014 Cole, William

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B0067 Milton, Janeen • B0094 Carroll, Amanda • C0116 Hopewell, Jalon • D0183 Durieux, Hector
D0186 Brown, Gregory • D0236 Zimmerman, Diane • E0320 Harper, Tamika • F0348 Hill,
3073 David Mendez • H0541 Kenneth, Mohammeds • I0606 McBryde, Dawn • J0630 Victor Larracuente
J0732 Burns, Barbara • J0763 Johnson, Mark • J0782 Walker, William • J0801 Barclay, Eric
J0829 Herman, Dante • J0855 Valley, Anne • J0864 Segal, Paul • L0979 Fiaravanti, Robert

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A024 Campbell, Tykeem • A090 Hearn, Christina • B210 Butcher, Bernard
B214 Ristick, Sylvia • B233 Sherrod, Monica • C244 Williams, Sonya
C271 Keene, Rahmele • D398 Tollefson, Don • G648 Tollefson, Don • G666 Tollefson, Don

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B206 Warner, Bindu • C351 Adams, Thomas • D453 Parsons, Brian
E514 Murray, Typhia • F608 Kelly, Timothy • K1348 Wells, Harold
O1506 Malafarina, Joe • O1536 Fitzgerald, Thomas

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A126 English, Christina • A142 Institute, Berean • A208 Wingfield, Rhonda • A240 Tate, Lakisha • A306 Thompson, Terry
A406 Pitts, Phillip • A546 Huffnagle, Joseph • A606 Santiago, Sara • A621 Swain, Anthony • A733 Morgan, Adrienne
A769 Giles, Kelli • A875 Brown, Lydell • B1100 Brooks, Julia • B1119 Reid, Melvina • B1308 Cutler, Kevin
B1309 Norris, Brandon • B1401 Grove, Maryann • B1629 Burin, Kyle • C2103 Stanicky, Serg
C2619 Baker, Bryant • C2711 Stovall, Tyshiere • C2726 Valente, Emerson

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1063 Ladue, Evelyn • 1068 Kane, Jennifer • 1100 Felder, Lena • 1112 Cancelliere, Dawn
1191 Dukeman, Michael • 1263 Colon, Alberto • 2076 Townsend Sr, Robert
2093 Liss, Michael • 2127 Cora Jr., Hector • 3073 David Mendez • 3330 Hall, Debgora

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Horoscope

♑ Capricorn **Dec. 22-Jan. 19.** None among your group of friends will have a knack for organizing like yours. Appoint yourself director and start putting some plans together that everyone will enjoy.

♒ Aquarius **Jan. 20-Feb. 19.** That burning feeling in your ears is likely to be due to so many friends saying nice things about you. You have far more boosters than you realize.

♓ Pisces **Feb. 20-March 20.** When socializing, don't merely mingle with people looking for polite chitchat – circulate with persons whom you can learn from.

♈ Aries **March 21-April 19.** A coveted goal can be achieved if you're willing to work for it. Put aside any trivial endeavors and go for that special something that you've wanted for a long time.

♉ Taurus **April 20-May 20.** Generally, it's wise to avoid discussions on religion and/or politics, but if a friend should offer a friendly, fresh perspective, you might find it interesting.

♊ Gemini **May 21-June 20.** This might be the day to put an idea to the test regarding a financial arrangement. The least you could do is try it out; the payoff could be substantial if things work out.

♋ Cancer **June 21-July 22.** Conditions that influence you both physically and mentally can be exceptionally harmonious if you handle things in a warm, friendly manner. Play life light and easy.

♌ Leo **July 23-Aug. 22.** When you expend your energies on labors of love, you'll be amazed at how much you can accomplish, and the enjoyment you'll derive from the process. You deserve such a day.

♍ Virgo **Aug. 23-Sept. 22.** After being subjected to a couple of hectic days, you're entitled to let yourself go and relax a little. You don't need any social fanfare – just time alone with your special someone.

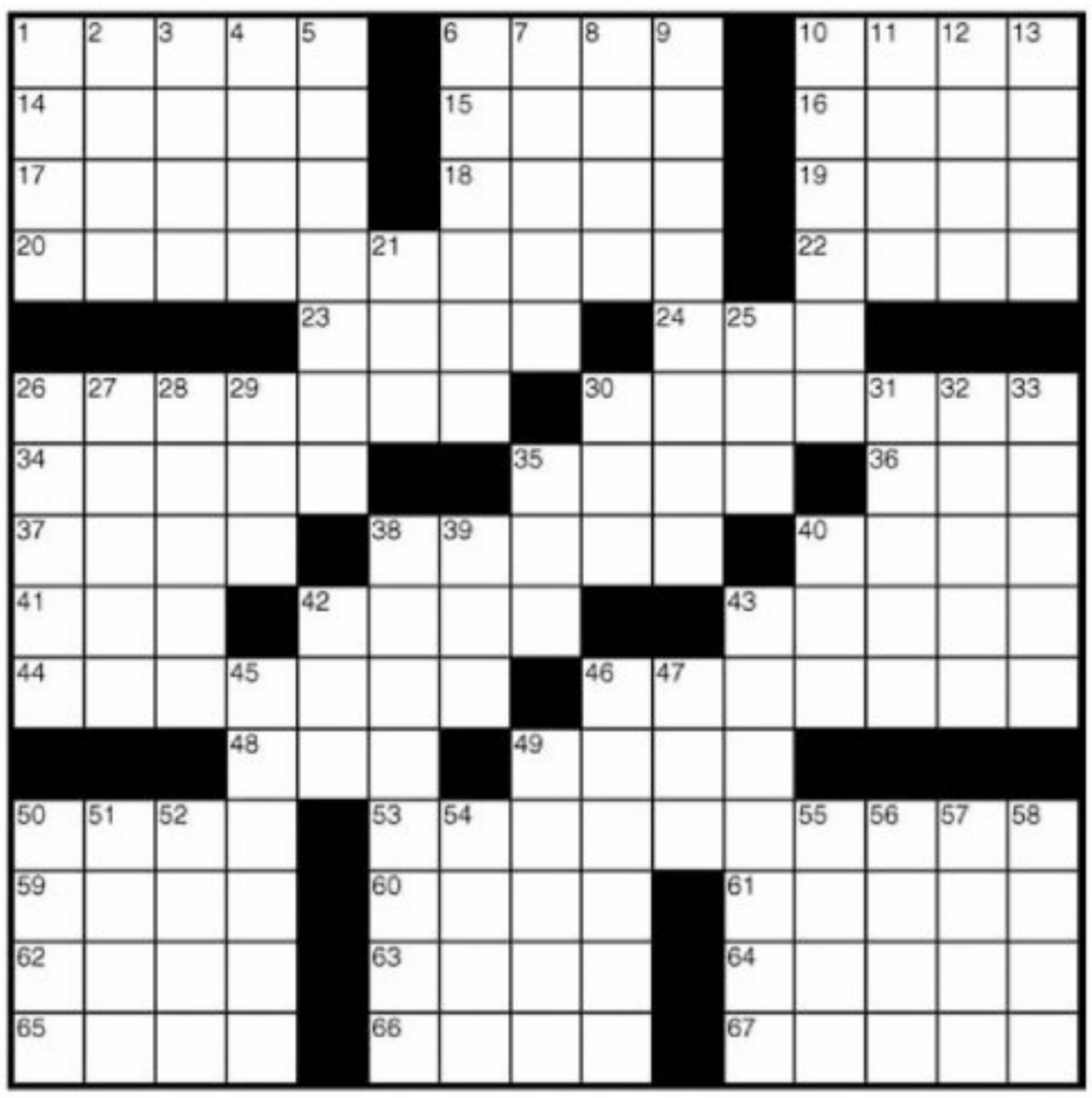
♎ Libra **Sept. 23-Oct. 23.** You should take prospective clients to your favorite haunt rather than to a fancy place. You'll achieve more in a convivial, homey atmosphere.

♏ Scorpio **Oct. 24-Nov. 22.** Having too structured a schedule might find you much too restless and champing at the bit. Leave yourself some space in which to move about and be able to do as your impulses direct.

♐ Sagittarius **Nov. 23-Dec. 21.** Friends or relatives who truly believe in you could serve as a springboard to success. Their suggestions on how to handle your troubles should take the strain off.

BERNICE BEDE OSOL

Solution to yesterday's crossword



Across
1 Delhi address
6 Knee neighbor
10 Monaco Grand —
14 Raise spirits
15 Dairy-case item
16 Employee
17 Jousting weapon
18 Hard up
19 Statuesque model
20 Navigation aid
22 Olin or Horne
23 Speak highly
24 Comrade
26 K2's superior
30 Grasshopper
34 Casual wear
35 Onetime Trevi Fountain coins
36 Fish-to-be
37 Plumbing problem
38 Come as a ghost
40 Statistics
41 PC key
42 Freighter hazard
43 Prickly pear
44 Back off
46 Most uncouth
48 ABA member
49 Type of synthesizer
50 Low voice
53 Hard to do (2 wds.)
59 Cast-of-thousands movie
60 Garden tool
61 Gauguin's prop
62 Whodunit terrier
63 Beyond
64 Not here
65 Hull bottom
66 Frontier, once
67 Soft leather

Down
1 Talk up
2 Kyrgyzstan range
3 "Get the — of"
4 Need a scratch
5 Ladybugs
6 Renege (2 wds.)
7 Not in a whisper
8 Some August people
9 Anterior
10 Quaker State burg, slangily
11 Hoarfrost
12 Where Tabriz is
13 TV warrior princess
21 Possesses
25 Devoured
26 Kind of statesman
27 Doggerel
28 Oust
29 Jag
30 Aunts and uncles
31 Put on a sarong
32 Specks
33 Passed out cards
35 Wheel nut
38 London hub
39 Gallery display
40 Pentagon grp.
42 Casino action
43 Prospectors' finds
45 Mischievous one
46 Hidden
47 Clark or Orbison
49 Invents
50 Toucan feature
51 Cathedral part
52 Web locale
54 Gutter locale
55 Waikiki's island
56 "Gotcha!" (2 wds.)
57 Bookish type
58 Merriment

Letters

Conservatives have tax rate for the middle class in their corner

RE: "DON'T WORRY, YOU'LL BE RICH" (METRO, JAN. 7) I couldn't agree more with letter writer Chris St. Louis. For all the blaming and partisan demagoguery that liberals, especially President Obama, have toward former president George W. Bush, they seem perfectly fine with the middle class tax rate that our 43rd president set during his first term. This is an unmentioned yet decisive victory for conservatives. But of course, most Democrats stick to the one thing they are good at — misrepresenting the ideas of those they disagree with. Rather than give President Bush and Republicans praise for lowering middle class tax rates to a rate that both parties consistently agree on, Democrats and liberals push the misleading talking points about the rich who don't pay their fair share when every official government website release (IRS, CBO, OMB) shows the rich actually provide most of the nation's tax revenue. The middle class is such a huge voting block that Democrats wouldn't think of asking the middle class to pay their fair share, much like Democrats in the 1950s wouldn't think of asking the huge voting block of southern whites to desegregate. Right or wrong, Democrats generally support whatever they believe will get them the most votes; the history of the Democratic Party is littered with almost every epitaph they unfairly label Republicans with today. **KEVIN METZ, VIA E-MAIL**

Quoted

"About Kim Kardashian and Kanye West's baby: I predict it will become a new series on Bravo, with the delivery filmed in 3-D for IMAX. The public can't get enough of either of them. I won't be watching."

BILL EASLEY, VIA E-MAIL, RE: "THE BIG BABY REVEAL: A CELEB RETROSPECTIVE" (METRO, JAN. 8)

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	7							9
	8				4	5		
2	5						6	4
		6	3				7	
1							4	
	6	4	8					3
		9	2		6			1

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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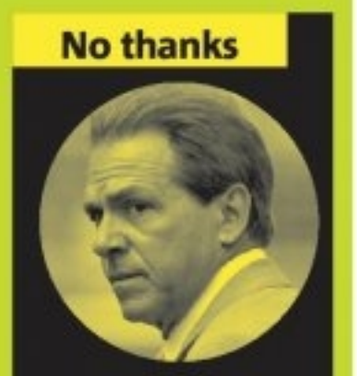
3

In the news

Sixers re-sign Wayns after waiving him

Two days after releasing him, the Sixers brought back Maalik Wayns, signing him to a 10-day contract. The Roman Catholic and Villanova product played in 20 games and averaged 2.5 points in 7.8 minutes per game. Wayns was released over the weekend in order to avoid Monday's guaranteed contract deadline. Wayns went undrafted in the 2012 NBA Draft. METRO

No thanks



Saban puts to rest any NFL rumors

Nick Saban isn't even thinking about a return to the NFL. The Alabama coach said college is "where I belong" and "I'm really happy and at peace with all that."

Saban led 'Bama to a 42-14 win over Notre Dame Monday night in the BCS national title game. Overall, he has won four national titles, including three in the last four years.

GETTY IMAGES

▶ Briere

Briere to see specialist; out for opener?

Danny Briere is holding out hope he can play in the season opener (rumored for Jan. 19), but a sprained wrist may keep him out. He is scheduled to see a hand specialist once the new CBA is ratified this weekend.

Briere, who saw doctors while playing in Germany during the lockout, is expected be miss 7-10 days.

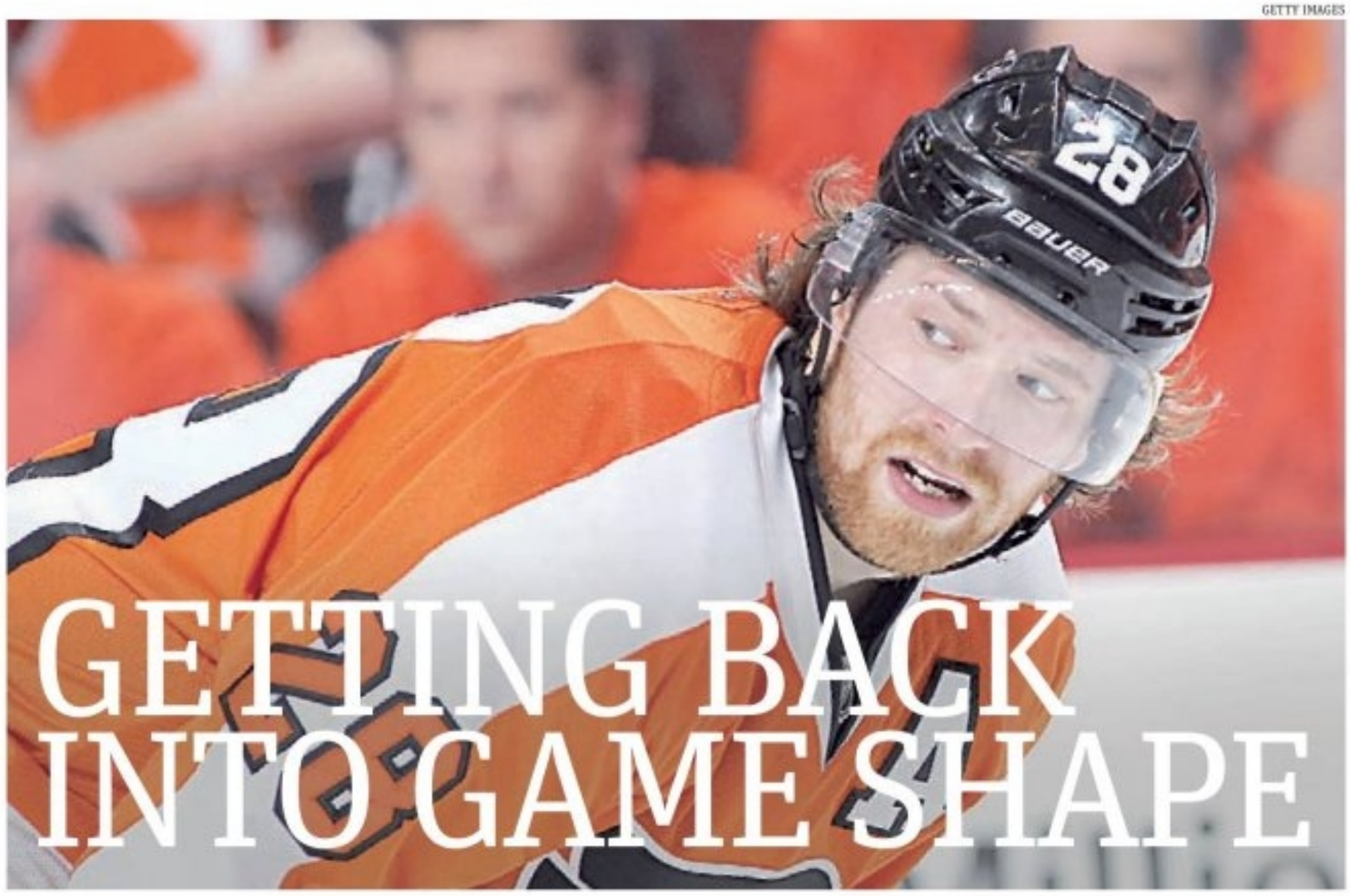
"I really believe when I am ready to play, I won't be too far behind having a chance to stay in shape," Briere said. "Playing real hockey and competitive games for three months has put me in hockey shape."

Giroux talks about the 'C'

Claude Giroux will likely be awarded the Flyers' captaincy after wowing in the postseason. Still, the modest Giroux doesn't think that would change his status.

"It's a decision that has to be made, but it doesn't matter if you have a C or an A on your jersey," he said. "If you lead by example, then you don't need a letter on your jersey." METRO

GETTY IMAGES



GETTING BACK INTO GAME SHAPE

Flyers back at practice, speak of fast start ▶ Roster stability huge advantage ▶ Giroux downplays hype of being the captain

When the Flyers return to the ice for the first game of the 2012-13 season, they might be at an advantage over the rest of the NHL. The schedule will be grueling — four games a week, with few practices in between — and time won't be on their side.

But the Flyers, injuries aside, return virtually the same team from last season. The lack of roster turnover means chemistry shouldn't be a problem.

"One thing that we can pull from last year is that we have a lot of returning players who have played the system and are comfortable in the locker room and comfortable with their teammates, coaching staff and the system we play," said coach Peter Laviolette.

Laviolette has always stressed fast starts during his tenure here. With seemingly no time to catch their breath, the Orange and Black know racking up wins early will set the tone even more than usual in a shortened season.

"That's important every year, certainly with a shorty year, it's a little more magnified that you get out and running in the right direction," said Laviolette. "Starting well is important for all teams."

The biggest challenge for players is getting into game shape as quickly as possible. Many Flyers played overseas or in tournaments during the lockout, meaning it shouldn't take long to get their hockey legs back.

"Honestly, it's a good feeling, just to get back on the ice with the guys and get the wind back," Claude Giroux said. "Getting back to game shape, that's going to be the biggest test — just the little things, like stopping on pucks, blocking shots, things like that."

Flyers GM Paul Holmgren isn't worried. He trusts his charges will be ready for the challenge.

"They're hockey players, that's what they do, they play hockey," he said. "And the guys that decided not to [play during lockout], I don't think that's an issue. It's important that when we do get together, it's important they have their focus and get ready for the first game."

Quoted

"It's a good feeling, just to get back on the ice with guys and get the wind back."
GIROUX

Mike Greger
mgreger@metro.us

Eagles to interview Smith

It's not the sexiest name, but it's a solid name.

Lovie Smith will interview for the vacant head coaching job with the Eagles, according to the team. Smith was axed by the Bears last week, but the veteran coach sports an impressive resume.

Smith led the Bears to the 2006 Super Bowl, while posting an 81-63 record in nine seasons in Chicago. More importantly, as a former defensive coordinator under Tony Dungy, he brings a strong defensive presence.

Smith's interview is a bit out of character for owner Jeffrey Lurie, who previously stated he was looking for someone with a great offensive mind. Lurie also said he has no deadline for the hire.

"You may have to wait until a team has completed their Super Bowl run," Lurie said. "The important thing is to find the right coach, not to make the fastest decision." METRO

GETTY IMAGES

▶ Smith went 81-63 in nine seasons in Chicago.

Jaws sounds off

Former Eagle and NFL analyst Ron Jaworski wants the team to interview Jon Gruden.

"They haven't reached out to Jon," **Jaworski told 97.5 FM.** "I would want a guy that is a proven winning Super Bowl coach." Jaws also said **Bill Cowher** is a guy they should target.

Worley set to wed Philly girl, baffled by trade to Twins

It started out as a good day for Vance Worley. The Vanimal was headed to Citizens Bank Park in early December to continue rehabbing his right elbow. After his weight-training session, he would pick up the engagement ring for his girlfriend, Maricel Vivas, who was born and bred in Roxborough.

But a funny thing happened during his workout.

"I noticed my phone was blowing up," Worley told Metro from his Sacramento home. "I thought, 'Who is trying to call me?' I saw that Ruben Amaro left me a voicemail and I thought, 'This isn't good.'"

Worley called back and the Phils GM informed him that he had been traded to Minnesota.

"I was totally caught off guard," Worley said. "He said, 'Do you have any questions?' I didn't say anything since I'm a professional, but I'm baffled. I'm one of the few guys who enjoys playing in the city of Philadelphia. I love the city, the people, everything about it. I love it so much that I'm marrying a Philadelphia girl."

GETTY IMAGES

▶ Worley would have rather stayed with the Phillies, but it wasn't meant to be. The right-hander is looking forward to taking the mound for the Twins.

Quoted: Worley

"I'm one of the few guys who enjoys playing in ... Philadelphia. I love the city, the people ... I love it so much I'm marrying a Philadelphia girl."

Worley and his fiancé had no inkling that relocation was in their future, or they wouldn't have signed a one-year lease on a house in suburban Philly.

Such is life in the majors. And while Worley isn't looking forward to the cold, he is excited about his new team. If Worley had any say, he would have stayed. The trade stings so bad that he can't work out in his old gear.

"I can't even look at red spikes," he said. "I have all of this red and blue, and I can't wear it. I have to get some black and navy blue to work out in."

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Metro's NBA power rankings | by Jimmy Toscano

1 CLIPPERS (27-8)
The two-game slide is a thing of the past, as the Clippers beat the "other" team from L.A. and then got revenge on the Warriors. California is theirs for the taking. So is the rest of the NBA.

2 HEAT (23-9)
Looking more like Heat-stern Conference and not Eastern Conference. Lame joke, but you get it.

3 THUNDER (26-8)
Lost to the lowly Wizards on Monday. Lucky for OKC, they won't have to face Washington in finals.

4 SPURS (27-10)
According to Elias, Tim Duncan has the highest win percentage (.715) among 105 players in history who have played in at least 1,000 games.

5 WARRIORS (22-11)
Andrew Bogut (ankle) is "coming along really well," and it's certain that shipping out Monta Ellis was the right call.

6 KNICKS (23-11)
I'm going to watch what I say here, simply because I don't want Carmelo Anthony showing up at my bus stop tomorrow.

7 GRIZZLIES (22-10)
There are reports out there that say Memphis is looking to trade scoring machine Rudy Gay. That would be a bold move for a team that appears close to title contention.

8 HAWKS (20-10)
GM Danny Ferry gave the tape of Rajon Rondo's "bump" of an official to the officiating crew last Saturday. Yup, Ferry was THAT guy in school. Nobody liked THAT guy.

9 PACERS (20-14)
Like the Bulls, the Pacers are playing well enough without their star (Danny Granger) to pose issues for plenty of teams down the stretch.

10 ROCKETS (20-14)
Count the Rockets as one of the NBA's biggest surprise teams this season. Can only get better, too, as GM Daryl Morey is committed to bringing in a superstar this offseason.

11 BULLS (19-13)
The good news: Chicago has won three in a row. The better news: Derrick Rose has started to take some contact in his workouts.

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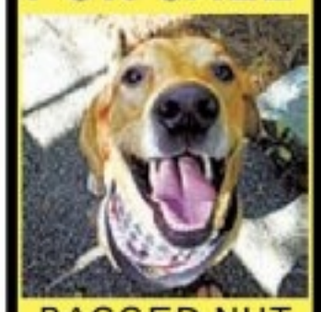

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Francisco Williams, SR,
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To: Francisco Williams, SR
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That the Court enter an order granting the Plaintiff an Absolute Divorce from the Defendant.

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This the 5th day of December, 2012.

The Ferguson law Firm
Patricia A. Wilson Ferguson
North Carolina State Bar No: 27563
Attorney for the Plaintiff
116 N. Cool Spring Street
Fayetteville, North Carolina 28301
Telephone (910) 860-2889

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Art Deco makes a comeback • Say bye to all that chocolate brown you've been decorating with for the last few years • Luxe black and gold are a big decor trend for 2013

Bring the drama

Talk to any old-school interior designer and he or she will share the same rule: Every room needs a bit of black. The edgy shade sharpens up a bland space and adds a touch of sophistication to your home. And it mingles especially well with gold. One color brings the drama and the other adds elegance.

Karl Lohnes
letters@metro.us

WWW.RALPHLAURENHOME.COM

Black floors, door frames and bookcases create a dramatic statement in this room by Ralph Lauren Home.

Don't overdo it

Maintain balance with the black-and-gold combination. To achieve a modern look, use 70 percent black and 30 percent gold; in a more traditional setting, try using the reverse.

Ikea Angenam bowl, $20

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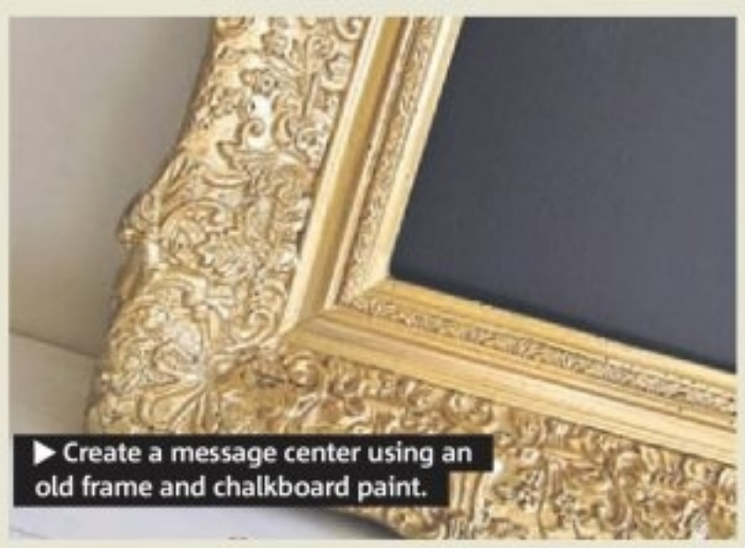

Create a message center using an old frame and chalkboard paint.

Upcycle to stay on trend in '13

One simple way to bring this trend into your home is to buy a gilt frame at a thrift store. Insert a piece of thin board painted with black chalkboard paint. Hang it anywhere you need a message board.

Timeless picks

Classic black items: Dining tables, mantels, interior doors, lampshades

Classic gold items: Metal lamps, flatware, wallpaper, side tables

Chambord French press, $70, www.anthropologie.com

Exotica Cheetah Pelt Collection, $185 for a 4-by-6 wool rug, www.ecarpetgallery.com

Desire Gold Mustard wallpaper, $75 per roll, www.grahambrown.com

CB2 bookends, $30 for set of two, www.cb2.com

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2013: Where to buy, where to rent, where to look next

In 2012, all your friends moved to East Passyunk — that is, all your friends who couldn't afford swank Rittenhouse condos. What's going to be hot in 2013? We checked in with some Philly real estate experts.

Julia West
letters@metro.us

RIKARD LARMA/METRO

▶ Looking to buy? Newbold and Passyunk will be hot sellers this year, predicts Nehila.

Homes

With fringe neighborhoods coming into their own, it's a good year to be a first-time buyer. "I find that people generally start looking in an area that price prohibits," explains Jennifer Nehila, a realtor at Keller Williams Center City. "Then they move on from there, maybe find a place just on the fringe. We saw Graduate Hospital and East Passyunk getting very popular."

In 2013, Nehila sees areas farther west appealing to first-time buyers. "People are getting priced-out of places like East Passyunk, so they're looking on the other end — west of Broad," she says. "The Newbold neighborhood will see new buyers."

Condos

In 2012, supply was not meeting demand for condos in some areas of the city, according to realtor Mark Wade of Center City Condos. "What we've seen in places like Fitler Square and Rittenhouse, we haven't seen in a good five years: multi-bidder scenarios," he says. "There was a condo for sale at the Dorchester this summer. It was on the market for seven days and got six bids."

So Rittenhouse might be off your list. But this demand means new construction in less competitive areas. "The first neighborhoods to provide more property next year will likely be Wash West and Society Hill," says Wade.

Apartments

Take a look at where new homeowners are landing and what you'll find is renters living on the outskirts. "The popular areas that have hit their peak will remain popular," says Nehila. "There's an increase still in Bella Vista; Fishtown is still very popular for renters."

"There's an increase still in Bella Vista; Fishtown is still very popular for renters."
NEHILA

This year, look for the neighborhoods west of Broad Street to gain popularity, as well as north of Girard Avenue. "North of Northern Liberties is an affordable area, and it continues to grow," she says.

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